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Connection To Manage Stress And Take Control Of
Your Life By Alice D. Domar Ph.D.**

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Alice D. Domar is the author of Be Happy Without Being Perfect (3.50 avg rating, 250 ratings, 57 reviews, published 2008), Conquering Infertility

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In an earlier post, I raised the question of the mind healing the body. We know that this is possible because of the placebo effect,

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Alice Domar, PhD, is the director of the Mind/Body Center for Women Healthy Woman: Using the Mind/Body Connection to Manage Stress and Take Control of Your Life

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Women are infected with negative self images and stereotypes which can wreak havoc on their ability to stay well and recover from illness. Dr. Domar discusses the

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